

SKILLED

presents
**The 21st Annual
CORPORATE
TEAMS**

Triathlon



and
TRI-IT TEAMS RELAY
at Bathers Beach
The Esplanade, FREMANTLE
on **Sunday, 21st March 2010**

EVENT INFORMATION

Email: sportsperformance@iinet.net.au
Website: www.allbarnone.com

THE EVENT

Skilled and Worksite Fitness and Rehabilitation invite you and your company to compete in the 21st Annual Corporate Teams Triathlon - 250m swim, 10km cycle and 2.5km run- or the Tri-it Teams Relay over the same distances.

This event is both a sporting and social occasion giving your company the opportunity to train and meet the challenge together. Corporate uniforms, marquees and picnic baskets create a unique and friendly atmosphere.

Random prizes are drawn at the event and awards are presented in the following categories:

- Category Awards for 1st, 2nd and 3rd
- Corporate Trophies
- Corporate Team Uniform / Presentation
- Random Prizes including a Mountain Bike by Bike Force
- Race Bag at Finish

ENTRY

Entry is by the official entry form or multi team entry form. The entry fee includes the event, race information, refreshments and compulsory race insurance. **Multiple Team Entry Forms** for entering more than one team are available:
Email: sportsperformance@iinet.net.au or Web: www.allbarnone.com

CORPORATE MARQUEES/BANNERS

Corporate Marquees are a feature of this event. All companies are welcome to bring company banners. Email: sportsperformance@iinet.net.au for hire costs and bookings.

RACE INFORMATION

A race booklet including course maps, event details, times and race numbers will be mailed on receipt of entry. Details are also available on the web: www.allbarnone.com

REGISTRATION

Wednesday 17th March & Saturday 20th March for Timing Chips and Race Numbers - details on entry confirmation.

The race will start promptly at 7.30am.

CORPORATE TEAMS TRIATHLON

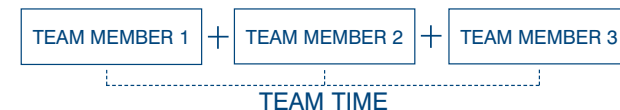
How the Race Works

The Corporate Teams Triathlon comprises a 250 metre Swim, 10 kilometre Cycle and 2.5 kilometre Run.

Teams of either 2 competitors (pairs) or 3 competitors (threes) - each completes the Swim, Cycle and Run as an individual.

Team members start together- individual finishing times will be added to give the team time and place.

Threes



CATEGORIES

For Event Entry tick CORPORATE TEAMS on the Entry Form and transfer the Category Letter to the ENTRY CATEGORY.
All teams have 2 or 3 members.

Threes

- Corporate Male** - team of 3 male employees from a corporate group or organisation
- Corporate Female** - team of 3 female employees from a corporate group or organisation
- Corporate Mixed** - team of 3, combination of male and female employees from a corporate group or organisation
- Corporate Associate** - team of 3 may include family or friends associated with the corporate group or organisation
- Corporate Veteran Male** - team of 3 males with a combined minimum age of 100 years on day of event
- Corporate Veteran Female** - team of 3 females with a combined minimum age of 100 years on day of event
- Corporate Veteran Mixed** - mixed team of 3 with combined minimum age of 100 years on day of event
- Corporate Super Veteran** - team of 3 with combined minimum age of 120 years on day of event.
- Informal Teams** - teams of 3 with no affiliation to a company or organisation

Pairs



- Male Pairs** - team of 2 males from a company or organisation
- Female Pairs** - team of 2 females from a company or organisation
- Mixed Pairs** - team of one male and one female from a company or organisation
- Informal Pairs** - teams of 2 with no affiliation

SPONSORS

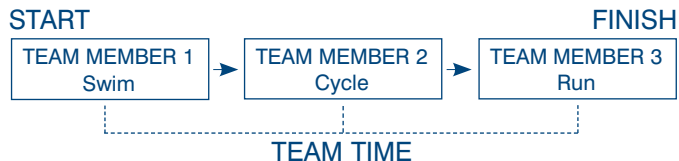


TRI-IT TEAMS RELAY

How the Race Works

The Tri-it Teams Relay comprises a 250 metre Swim, 10 kilometre Cycle and 2.5 kilometre Run.

Teams may consist of 3 competitors with each completing 1 leg of the relay. The event is designed for competitors who cannot complete all sections as an individual but wish to experience training and competition in a race friendly environment.



CATEGORIES

For Event Entry tick TRI-IT TEAMS on the Entry Form and transfer the Category Letter to the ENTRY CATEGORY.

- N. **Male** - 3 males associated with a company or organisation
- O. **Female** - 3 females associated with a company or organisation
- P. **Mixed** - mixed team of 3 associated with a company or organisation
- Q. **Veteran Male** - 3 males with combined minimum age of 100 years on day of event
- R. **Veteran Female** - 3 females with combined minimum age of 100 years on day of event
- S. **Veteran Mixed** - mixed team of 3 with combined minimum age of 100 years on day of event
- T. **Family** - 3 members of a family related by birth or marriage
- U. **School** - 3 members of a family, may include parents / children

BENEFICIARY



THE FREO DOCTOR

Fremantle Hospital
Medical Research FOUNDATION

Research for a healthier tomorrow

ENTRY FORM

ENTRIES CLOSE: MARCH 10th 2010
(Late Entry Fee \$25)

Phone: +61 (8) 9339 1317 / 0411 133 954
Email: sportsperformance@iinet.net.au
ENTRY FORM IS A TAX INVOICE
ABN: 59 457 128 795

PLEASE PRINT ALL DETAILS CLEARLY

Company/ Organisation _____

Team Captain: _____

Email: _____

Address _____

Postcode _____

Telephone (W) _____

(H) _____

Team Name _____

Event Entry Corporate Teams Threes _____

Corporate Teams Pairs _____

Tri-It Teams Relay _____

Entry Category (A-U) _____

Team Member 2: _____

Email: _____

Team Member 3: _____

Email _____

ENTRY FEE PER TEAM (inc. GST)

Corporate Teams Triathlon \$110.00 (pairs)
\$165.00 (threes)
Tri-It Teams Relay \$75.00

Multiple Team Entry Form

contact sportsperformance@iinet.net.au

DECLARATION

Must be signed before acceptance of registration by all entrants:

In consideration of acceptance of my registration and entry, I do, for myself, my executors and assignees, release and forever discharge the organizers and their respective officers, agents and representatives from all claims, damages, demands, actions whatsoever in any manner arising or growing out of my participation in this event. I attest and verify that I have full knowledge of the risks involved in participating and that I have no physical or mental condition which has the potential to put myself or any other person at risk and that I am sufficiently trained to participate in this event.

I agree to abide by the rules and conditions and accept any decisions made under them. I hereby consent to receive any medical treatment that may be deemed advisable during the event. I hereby acknowledge that I have sole responsibility for my personal possessions and equipment during the event. I hereby consent to the publication and use in any form of media whatsoever, of my name, image, statements or otherwise, in any context pertaining to the event or otherwise before, during or after the event whether for advertising, promotion or otherwise. I agree that in the event of storm, rain, wind or other 'Act of God' that the race organisers have the right to modify or cancel the event and my entry fee shall be non-refundable.

If under 18 parent / guardian must countersign

I / we have read and understood the Declaration and hereby agree to its terms:

DATE: ___/___/___

Signature: _____

Signature: _____

Signature: _____

PAYMENT DETAILS

MAKE CHEQUES PAYABLE TO:

"Corporate Teams Triathlon"

POST TO:

Sports Performance and Management
PO Box 253, Fremantle WA 6959

SEE OUR WEBSITE:

www.allbarnone.com

FORMS MAY BE DEPOSITED ONLY AT THE FOLLOWING BIKE FORCE STORES:



Myaree • South Perth • Subiaco • Woodvale
Fremantle • Balcatta • Morley • Joondalup • Success

DIRECT PAYMENT TO:

Sports Performance and Management
Commonwealth Bank, Perth
BSB: 066 000 Account: 10 065 456
Please use your team name in the reference field.