



Presents

THE



Ocean Adventure Sprint

A prelude to Anaconda

Swim • Run • Cycle • Paddle • Run
For Individuals and Teams

Sunday

18 October 2009

South Beach, South Fremantle

ODYSSEA 5

Swim 1000m • Beach Run 600m • Cycle
20+km • Paddle 6km • Run 6km Run
Individual & teams

ODYSSEA 4

Swim 1000m • Beach Run 600m • Cycle
20+km • Run 6km Run
Individual only

ODYSSEA FUN

Swim 300m • Beach Run 700m • Cycle 10km
• Run 3km Run
Individual only

Have a goand support



SUPPORTING CHILDREN THROUGH CANCER

OCEAN ADVENTURE SPRINT

Welcome The Sunsmart Odyssey Adventures Sprint. The event is ideal for the beginner adventure racer, Triathlete or Competitor looking for something different, while still providing a challenge for all abilities. Designed for finishing times of 2 to 4 hours, this is a great way to give the sport a try, increase your fitness, involve your friends and colleagues and above all have fun.

Your entry includes a professionally organized event, race bag with products, draw prizes and awards.

Conducted against the dramatic backdrop of the Indian Ocean, the Ocean Adventure Race is conducted in Fremantle with its traditional café culture and pristine beaches south of the City centre

The event consist of 5 legs (ODYSSEA 5) – An Ocean Swim : Short Beach Run : Cycle : Paddle : and Coastal / Cross country Run.

What do you need – your bathers, a bike, a ski or paddle craft and joggers. You can participate as an individual or in teams of two, or three or more. If you do not have a ski (paddle craft) there is the option of completing 4 legs (ODYSSEA 4 or ODYSSEA FUN)

Start the summer season of events with the Sunsmart Odyssey at Fremantle and lend your support to the Rotary Club of Fremantle and Red Kite Cancer Support

The event is designed to provide a safe, supportive and non threatening environment through which you can achieve your goals as a competitor

Can't Swim, Can't Cycle, Can't Run, Can't Paddle?
No problem.... Get a team together -2, 3 or 4 with each person completing one or two legs



EVENT DETAILS

Venue: South Beach
Ocean Drive, South Fremantle

Entry: Complete the registration form on the reverse. The event is open to Individuals, Corporate and Informal Teams

Event Information:

Race Maps, Event Conditions, Rules, Equipment and Formats will be on the web from September 3.
www.allbarnone.com

Enquiries:

Email: edm@inet.net.au

Tel: 04 11 13 39 54

Race Day Schedule:

Registration: 6.00am – 6.30am

Event Briefing: 6.35am

Event Starts: 7.00am

Presentations: 9.30am

Awards / Draw Prizes:

Awards will be made to each category with significant draw prizes for all entrants at the award presentations

Equipment:

Check out the display of latest Bikes from LOOK



The home of Honda



Event Registration Form

Sunsmart ODYSSEA OCEAN ADVENTURE SPRINT

Ocean Adventure and Mini Ocean Adventure - Sunday 18 October, 2009

PAYMENT DETAILS: Make Cheques payable to: "Ocean Adventure Sprint"

Leave at: Bike FORCE – Subiaco, Woodvale, Balcatta, Fremantle, South Perth, Myaree, Morley, Joondalup, Success

NO EFPTOS / CREDIT CARDS / OR CHANGE – have correct amount attached to form. No drop off after Monday midday prior to the event

By Mail: Ocean Adventure Sprint, PO Box 253, Fremantle 6959

By Direct Debit: Sports Performance Commonwealth Bank BSB 06 6000 A/C No. 10 065 456

Please attach payment receipt to your Registration Form and send via mail.

ENTRY FEE / PAYMENT

Ocean Adventure Sprint (ODYSSEA 5): Individual \$50 Relay Team of 2 \$80 Relay Team of 3 \$100 Relay Team of 4 \$120

Ocean Adventure Sprint (ODYSSEA 4): Individual \$50 Relay Team of 2 \$80 Relay Team of 3 \$100

Ocean Adventure Sprint (ODYSSEA FUN): Individual \$40 Juniors Individual (16 &U) \$30

ENTRIES CLOSE: Saturday 11 October 2009 Late Entry Fees: Prior to Race Day +\$15 on Race Day +\$30

Event Registration Fee: _____ + DONATION TO RED KITE: _____

Payment Summary: \$ _____

WAIVER: LEGAL DECLARATION: (must be signed by all competitors)

In consideration of the acceptance of my entry, I do hereby, for my executors, assignees, release and forever discharge the organizers and their respective officials, agents, representatives and successors and or assignees and supporters from all claims and damages, demands, actions whatsoever in any manner arising out of my participation in this event(s). I agree to abide by the rules of the event and accept decisions made under them.

I attest and verify that I have full knowledge of the risks involved in participating and that I have no physical or mental condition which has the potential to put myself or any other at risk and that I am physically fit and have trained sufficiently to participate in the event(s). I hereby consent to receive medical treatment which may be deemed advisory during the event.

I hereby acknowledge responsibility for my own personal and athletic equipment.

I agree that in the event of storm, rain, wind or other "Act of God" that the race organizers have the right to modify or cancel the event and my entry fee shall be non refundable.

ENTRY DETAILS: (Please tick the appropriate entry detail)

Event Entered: Odyssea 5 (includes paddle) Odyssea 4 (no paddle leg) Odyssea Mini (no paddle leg)

CATEGORY: Individual: A 12-14 Yrs; B 15-17 yrs; C Junior (under 18); D 18-35 yrs; E 35-49 yrs; F 50+ yrs

Relay Teams (3 or 4 members): G Corporate Male; H Corporate Female; I Corporate Mixed;

J Informal Male; K Informal Female; L Informal Mixed; M Junior (all under 18);

Relay Teams (2 members) N Male Pairs; O Female Pairs; P Mixed Pairs

Event	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	p
ODYSSEA 5																
ODYSSEA 4																
ODYSSEA Mini																

Team Name: _____ Company Name: _____

Mailing Address: _____

Suburb / Town: _____ Post Code: _____

Please complete all details for all competitors

Information	Individual /Team Leader	Team Member 2	Team Member 3	Team Member 4
First Name				
Surname				
Email				
Gender				
Date of Birth (age)				
Phone				
Signature				

All entrants acknowledge they have read the Liability Waiver and Event Conditions. Parent / Guardian to sign if Under 18